

# Stroller Baby Fitness Class

## So.Be.Fit



BEGINS SATURDAY APRIL 23, 2011 @ 10AM

THIS OUTDOOR STROLLER WORKOUT IS DESIGNED FOR PARENTS AND BABIES TO ENJOY A GREAT WORKOUT TOGETHER.

We will be meeting at the studio but working out on the Monon Trail. All workouts will be utilizing strollers, dumb bells, bands and babies to burn calories, tone muscle and have fun!

--MAKE SURE YOUR STROLLER HAS A BASKET--

Class is led by Mommy and Trainer, Suzana Griffin.

CONTACT SO.BE.FIT OR VIEW OUR WEBSITE AT [WWW.SOBEFITINDY.COM](http://WWW.SOBEFITINDY.COM) FOR MORE INFORMATION